

Diana Garcia

Servicios en Español



ACSW #107079

Diana is a bilingual in English and Spanish. Diana's primary area of interest includes working with adults with trauma, anxiety, and depression. As a therapist, Diana recognize the importance of genuineness, authenticity, and non-judgment in the therapeutic relationship and strive to create a space where her clients feel safe and heard. Diana believes we all have the potential to heal from inner child wounds, past trauma, and adverse life experiences and step out of survival mode into a fruitful life.

Supervised by: Delia Valenzuela LCSW #97833