



ANNA TOPUZOGLU

Licensed Marriage & Family Therapist #115083

As a Bilingual Licensed Marriage Family Therapist (LMFT), Anna works with a deep sense of empathy and compassion by creating conditions for the client to grow through the therapeutic relationship with the presence of congruence, empathy, and unconditional positive regard. Throughout Anna's professional journey Ann has worked with different cultural populations children (3-14), adolescents (15-17) adults (18-55), geriatric adults (55-78) providing individual, family, couples, and group therapy.

Anna's AMFT status was completed at non-profit agencies including but not limited to the Riverside Department Of Behavioral Health. Ann's specialties are family conflict (trauma, abuse, domestic violence), Depression, Anxiety, Behavioral Issues, Parenting, and Substance Use. Anna has knowledge, training, and experience with different therapy modalities such as CBT, DBT, CCT, and MI. Ann also completed training and worked as a Family-Centered Therapist (FCT).

Prior to becoming an LMFT, Ann worked as a Spanish Court Certified Interpreter for the State of California, Executive Office of Immigration Review (EOIR), and Department of Justice (DOJ).