

# Jo Ann Linford



LMFT #123800

Jo Ann is a Licensed Marriage and Family Therapist who has experience working with diverse populations. Her professional experience includes working as a Social Worker in an acute mental health setting as well as a Crisis Center that served adults and youths dealing with severe mental health challenges such as Schizophrenia, Bipolar Disorder, Depression, and Anxiety. While working as a Social Worker within the Crisis Center she conducted bio-psychosocial assessments, evaluations for involuntary detainment, 5150 certifications, crisis intervention and de-escalation, Jo Ann's focus is to create a safe, compassionate, and non-judgmental space for each client, together with the client we will be using the latest brain science and an eclectic mix of psychology's most powerful tools to create a plan for healing and addressing life's unexpected stressors along the way.