

Efren Rodriguez

Servicios en Español



ACSW #95465

My name is Efren Rodriguez, I originally immigrated from Central America to the United States when I was 14 years of age. I eventually earned a bachelor's degree from the University of Maryland in psychology, and subsequently I received a master's degree in social work (MSW) from California State University San Marcos. As a therapist I apply a humanistic, behavioral, and developmental approach to my practice. I also utilize a strength base and client guided approach to therapy. Some of my passions in considering populations and treatment are substance use, depression, and anxiety. I also really enjoy working along with clients that are struggling with life and want to develop awareness of their situations. I enjoy working with teens and adults.

Supervised by: Anne Chicoine LCSW #21634