

Vanessa Mullen

Servicios en Español



Palm Springs Clinical Coordinator
Clinical Supervisor
LMFT #125278

Vanessa Mullen is a Licensed Marriage and Family Therapist. She enjoys helping young adults learn to manage symptoms of anxiety, depression, difficult life transitions, and how to utilize communication skills to improve relationships. Vanessa also works with children and educates parents on positive parenting strategies that target behaviors and improve family functioning. Through an eclectic approach, Vanessa tailors each client's treatment to fit their current needs and goals. As your therapist, her goal is to provide you with a warm, safe, and non-judgmental space to explore your thoughts and emotions. Her hope is for clients to gain a better understanding of themselves and determine how to achieve the life they want.