

# Adrian DeLeon Sanchez

*Servicios en Español*



LCSW #78613

I am a bilingual (Spanish speaking), Licensed Marriage Family Therapist. My primary focus is to help promote change for personal growth, confidence, and healthy self-esteem. My goal is not only to get you through this challenging time in your life but to help you develop ways to be better able to handle things in the future. I provide therapeutic counseling services to pre-teens, adolescents, and adults. My education is in Counseling Psychology and Behavioral Sciences. My experiences and training have been beneficial in educating others, by sharing knowledge, promoting the understanding of human behavior and how you can make the changes you are striving for, to improve functioning and quality of life.