

Ki'era Rhymes



LPCC #119261

Ki'era received her master's degree in counseling psychology, specializing in marriage and family therapy (AMFT) and professional clinical counseling (APCC). Ki'era has trained in various settings, including intensive outpatient programs, partial hospitalization programs, inpatient crisis centers and residential treatment facilities. Skilled in individual therapy, family therapy, group therapy, and crisis intervention, with experience treating trauma, anxiety, mood disorders, depression, suicidal ideation, self-harm, family conflict, co-dependency, interpersonal conflict, intergenerational conflicts/trauma, substance abuse and more. Having counseled kids, teens, adults and families, her primary experience is in the field of addiction. Ki'era understands the complexity of addiction and the toll it can bring upon individuals and their loved ones. Ki'era has also worked with the homeless population, including those with severe mental illnesses, with a focus on crisis intervention, safety planning, relapse prevention and discharge placement.