

Josh Ramirez



AMFT #149796

Hello! My name is Josh and I am a recent graduate from Loma Linda University, where I received my M.S. in marriage and family therapy as well as my play therapy certification. I have experience working with children, adolescents, and families, specifically those dealing with high-stress situations such as depression, self-harm, and suicidal ideation/attempts. In my practice, I use a solution-focused brief therapy approach that emphasizes creating and achieving obtainable goals to produce change in a client's life. I also have a background in play therapy where play is used as a bridge between child and therapist to help resolve psychosocial difficulties and create growth and development in the child. When I am not implementing therapy, I am usually playing music, enjoying in-n-out, or watching sports such as soccer, basketball, and Formula 1. One of the biggest things I want all my clients to know is that when we are working together, you are in a safe space where you are allowed and encouraged to be yourself, no matter what walk of life you travel.

Supervised by: Guilda Morales LMFT #133639