Thomas Moore

(Tom)



APCC # 14859

Thomas Moore is an Associate Professional Clinical Counselor specializing in complex trauma and neurodivergent experiences. Offering mental health counseling for adults, teens, and children. Who enjoys working with the LGBTQ+, and neurodivergent community, individuals with a history of complex trauma, as well as those experiencing depression, anxiety, stress, "never enough-ness," and relationship concerns. Creating a truly affirming therapeutic space for everyone. His style is open, authentic, non-judgmental, curious, compassionate, and person-centered. Working with clients who are often deep feelers, who hold stories of "never enough," or maybe struggling with a sense of belonging. Providing a safe space in which all your parts are welcome, you are not a problem to be fixed, and you are the expert in your personal journey. Providing integrative approaches to therapy that consider everyone's unique needs.